Severe side effects of commonly prescribed drugs, successfully treated with ozone therapy

A report of three distinct cases

DR. HEINZ KONRAD
Sao Paulo - Brazil
www.ozonio.med.br

Congress of the ISCO3
Madrid, June 2015

40 years

Medical Ozone in Brazil

1975 - 2015

by DR. HEINZ KONRAD Sao Paulo

AREA OF INTEREST

Interested in

Clinical observations over 40 years

Not interested in

- Laboratory research work
- biochemical analyses
- microbial research

CONFLICT OF INTERESTS

I have NO conflict of interests

I do not produce or sell ozone generating equipment

I do not produce or sell ozone therapy material, disposables, etc.

I am not sponsored by any ozone-related industry *

I am not sponsored by any pharma industry *

*** unfortunately**

Patient : L. K., 30 y, male, investment banker (year 2010) 1

- Working 12 – 14 h per day, mostly sitting in front of computer screens

- Working 12 – 14 h per day, mostly sitting in front of computer screens
- Muscle contractions and moderate pain in head, neck and shoulders

Patient : L. K., 30 y, male, investment banker (year 2010) 4

- Working 12 – 14 h per day, mostly sitting in front of computer screens
- Muscle contractions and moderate pain in head, neck and shoulders
- Ingestion of 1 tablet of pain medicine morning and evening during 5 days

- Working 12 – 14 h per day, mostly sitting in front of computer screens
- Muscle contractions and moderate pain in head, neck and shoulders
- Ingestion of 1 tablet of pain medicine morning and evening during 5 days

19 AUG 2010 Regular check-up demanded by employer. First abnormal results.

Patient : L. K., 30 y, male, investment banker (year 2010) 6

- Working 12 – 14 h per day, mostly sitting in front of computer screens
- Muscle contractions and moderate pain in head, neck and shoulders
- Ingestion of 1 tablet of pain medicine morning and evening during 5 days

19 AUG 2010 Regular check-up demanded by employer. First abnormal results.

21 AUG 2010 Repeated tests at other laboratory. (Lab error ???)

Results even worse

NEGATIVE tests for viral Hepatitis A, B or C, Toxoplasmosis and Mononucleosis

Complete Blood Count (CBC) not suggestive of viral or bacterial infection.

Patient : L. K., 30 y, male, investment banker (year 2010) 7

- Working 12 – 14 h per day, mostly sitting in front of computer screens
- Muscle contractions and moderate pain in head, neck and shoulders
- Ingestion of 1 tablet of pain medicine morning and evening during 5 days

19 AUG 2010 Regular check-up demanded by employer. First abnormal results.

21 AUG 2010 Repeated tests at other laboratory. (Lab error ???)

Results even worse

NEGATIVE tests for viral Hepatitis A, B or C, Toxoplasmosis and Mononucleosis

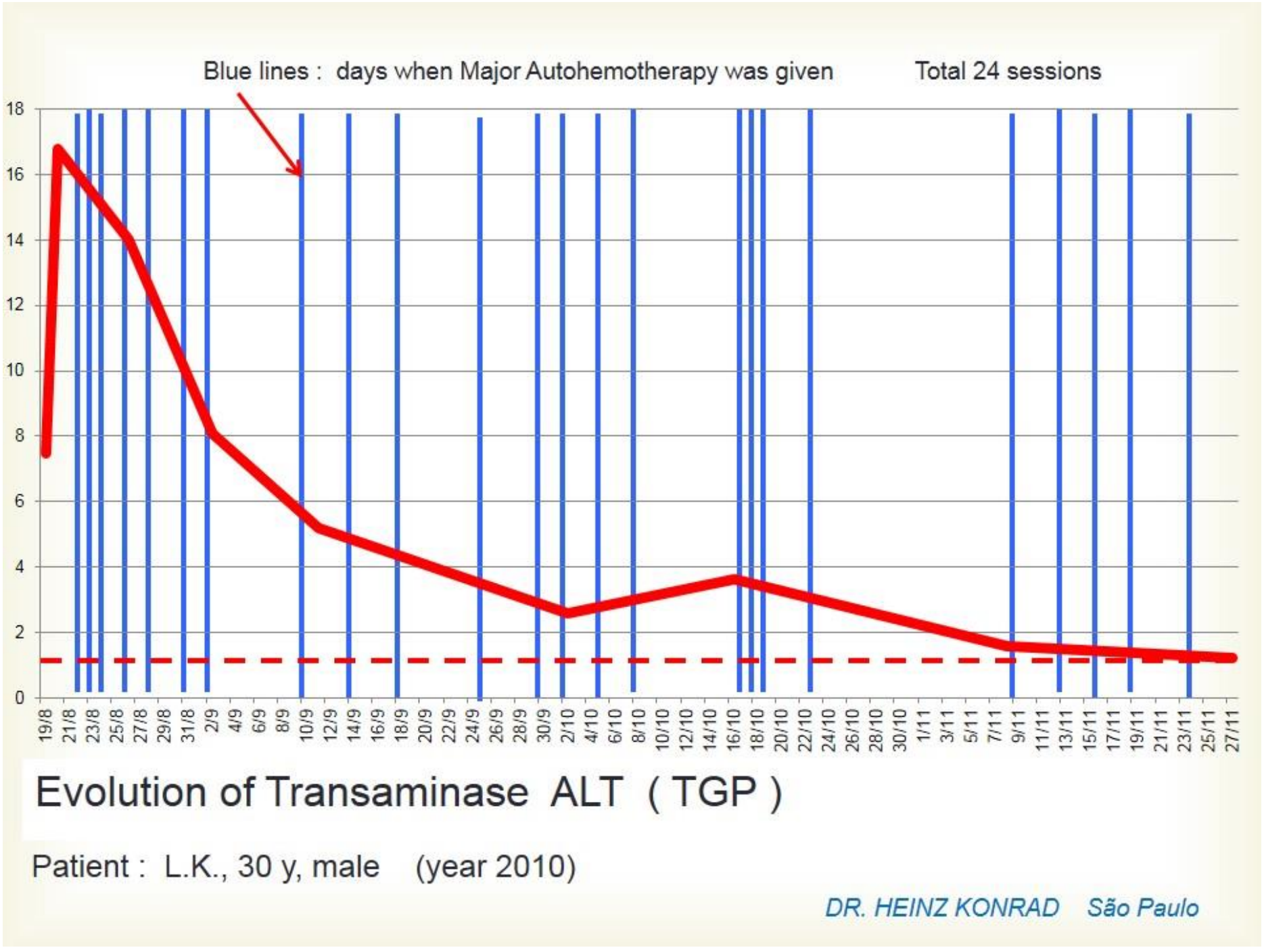
Complete Blood Count (CBC) not suggestive of viral or bacterial infection.

Presumed Diagnosis : Acute Toxic (chemical) Hepatitis

Start ozone therapy (via Major Autohemotherapy)

Treatment plan

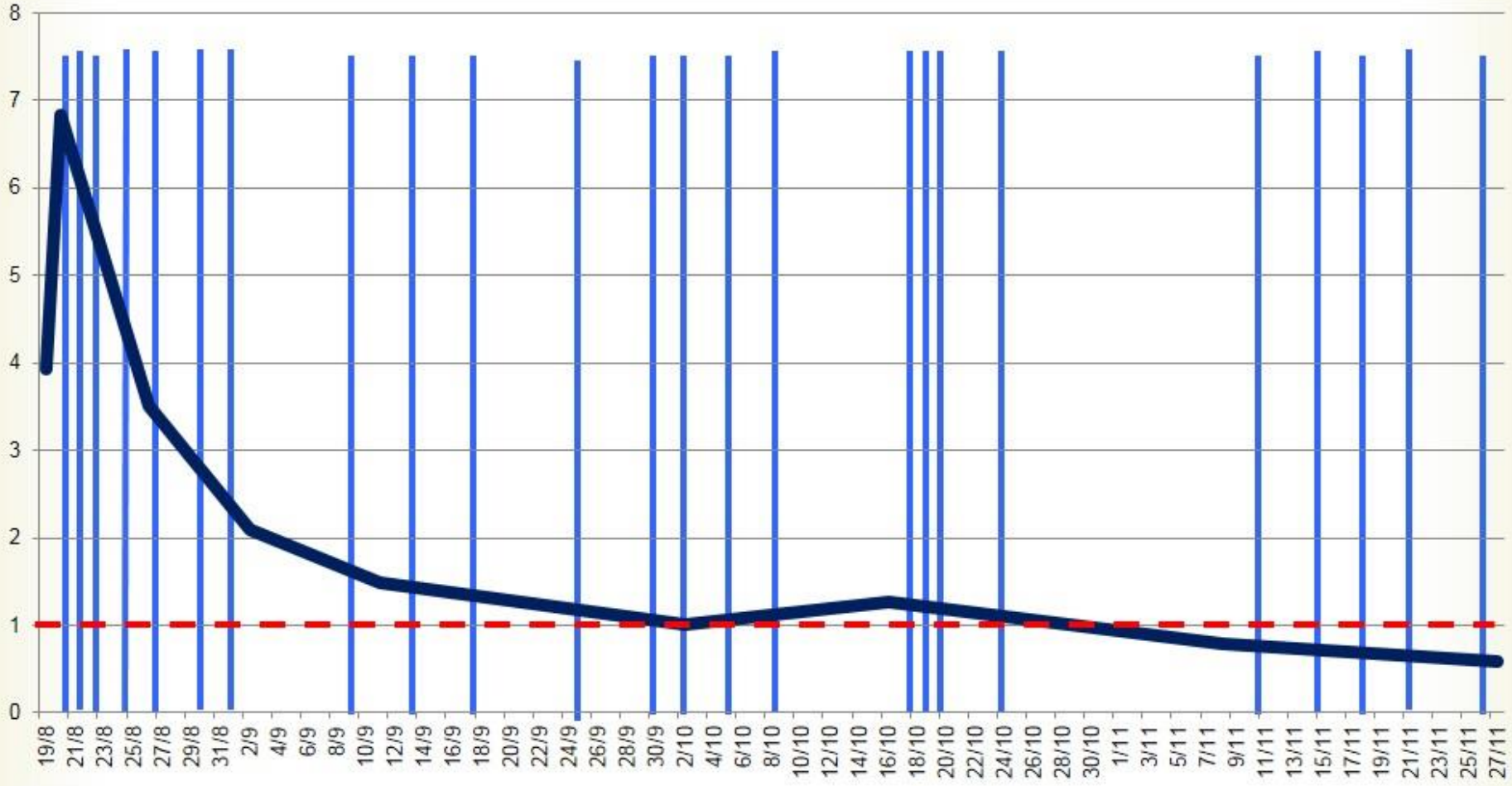
- MAHT with 2400 mcg of ozone on 100 ml of blood
- At first daily sessions
- Then every 2 – 3 days
- Later at longer intervals
- Repeat Lab tests frequently
- Observe evolution towards normality
- No other drug at all



Evolution of Transaminase ALT (TGP)

Patient : L.K., 30 y, male (year 2010)

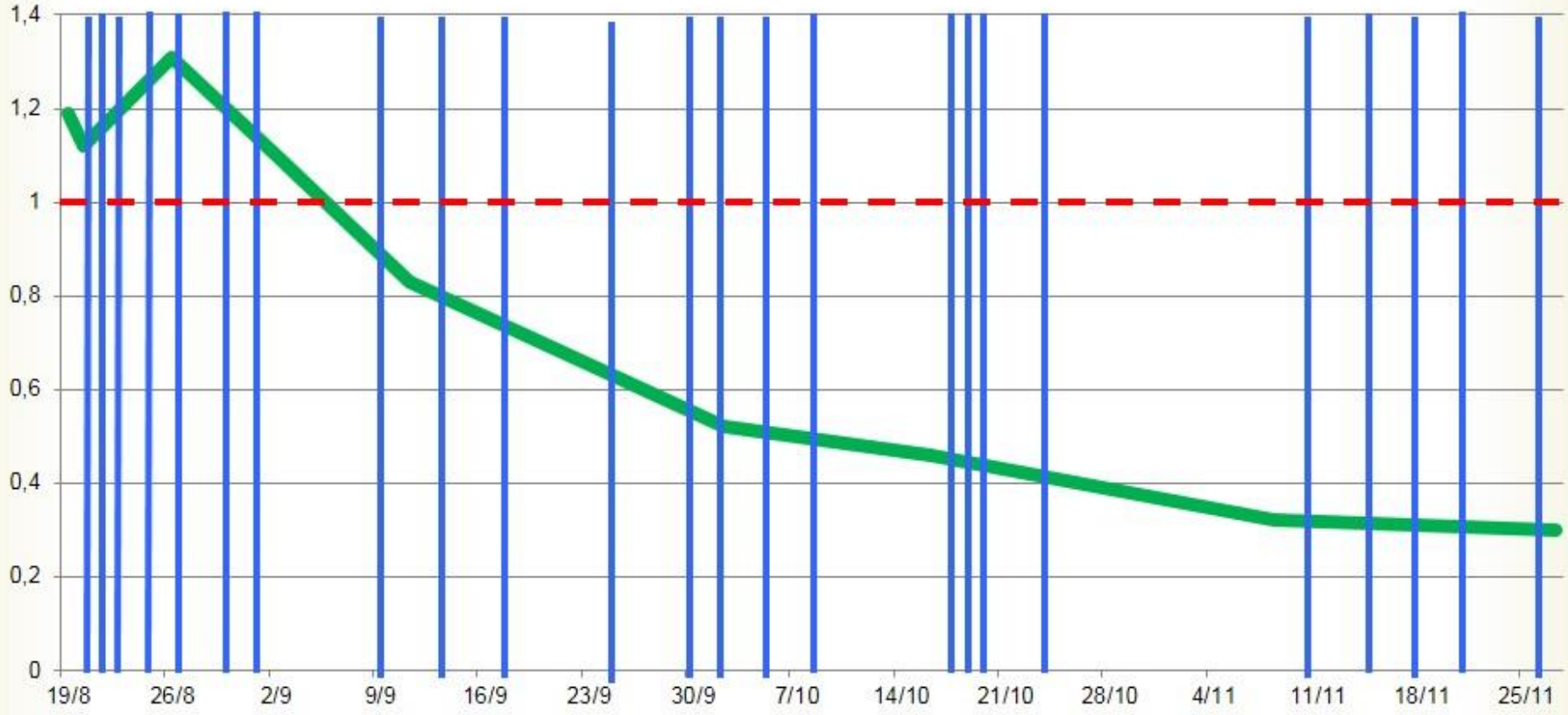
DR. HEINZ KONRAD São Paulo



Evolution of Transaminase AST (TGO)

Patient : L.K., 30 y, male (year 2010)

DR. HEINZ KONRAD São Paulo



Evolution of Gamma-GT

Patient : L.K., 30 y, male (year 2010)

DR. HEINZ KONRAD São Paulo

Evolution :

Progressive normalization of Transaminases and Gamma-GT over a period of ~ 3 months

No complications

No sequellae

Oral medicine taken :

PARACETAMOL

Tablets of 500 mg

Paracetamol 500 mg per tablet

Freely sold “over the counter” and from shops and supermarket shelves in Brazil.

Needs no prescription in Brazil.

Third most frequent cause for liver transplants in Brazil

(according to Prof. Dr. Andre Lomar, infectologist in São Paulo, BR)

Patient : E. P., 58 y, male, computer systems manager (year 2012) 1

Came already diagnosed by his clinician :

acute toxic hepatitis

Came already diagnosed by his clinician :

acute toxic hepatitis

caused by use of antilipidemic drug

during previous ~ 6 weeks

Came already diagnosed by his clinician :

acute toxic hepatitis

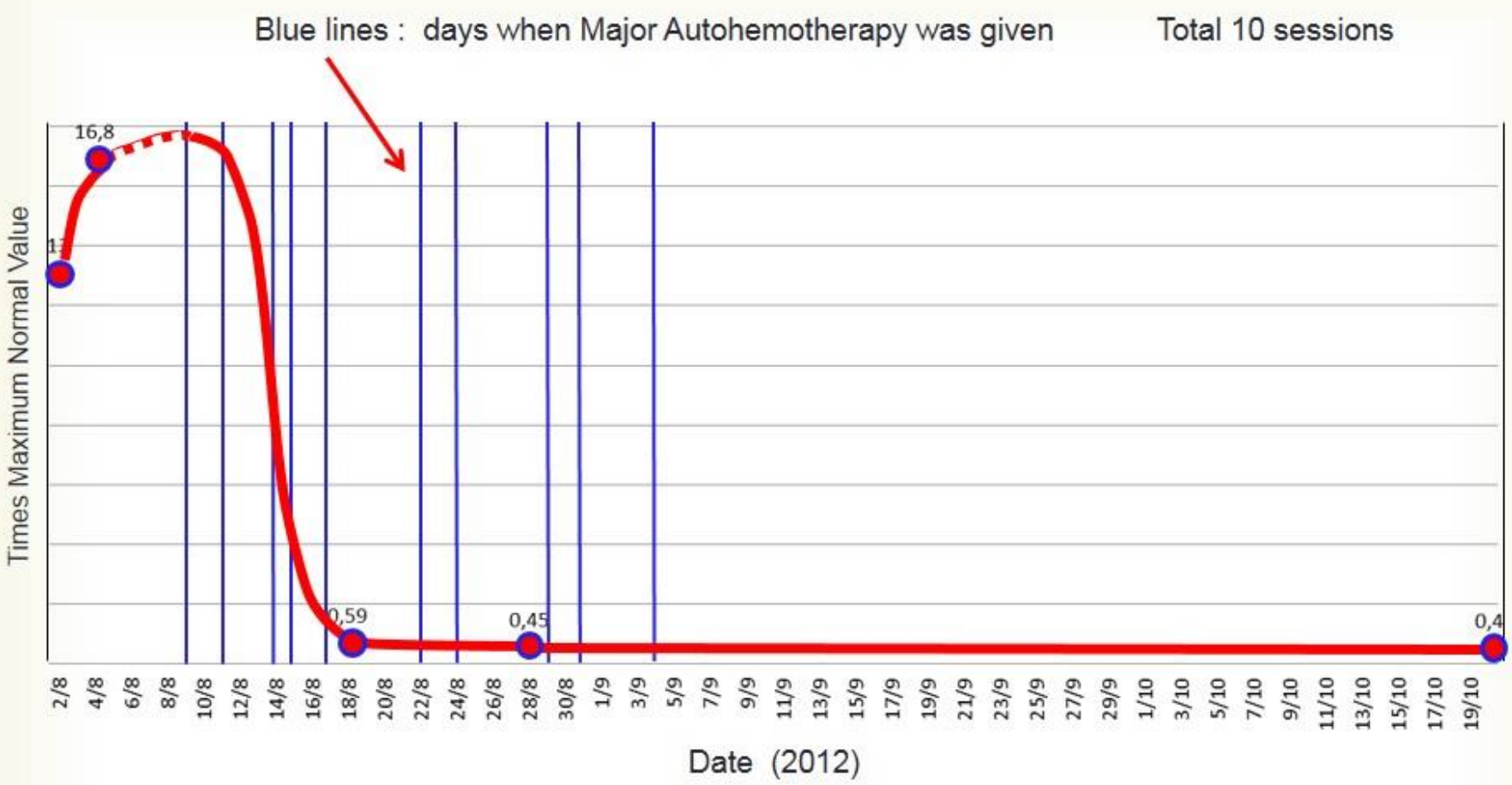
caused by use of antilipidemic drug

during previous ~ 6 weeks

Transaminases and Gamma-GT up to **35** times maximum normal value

Treatment plan

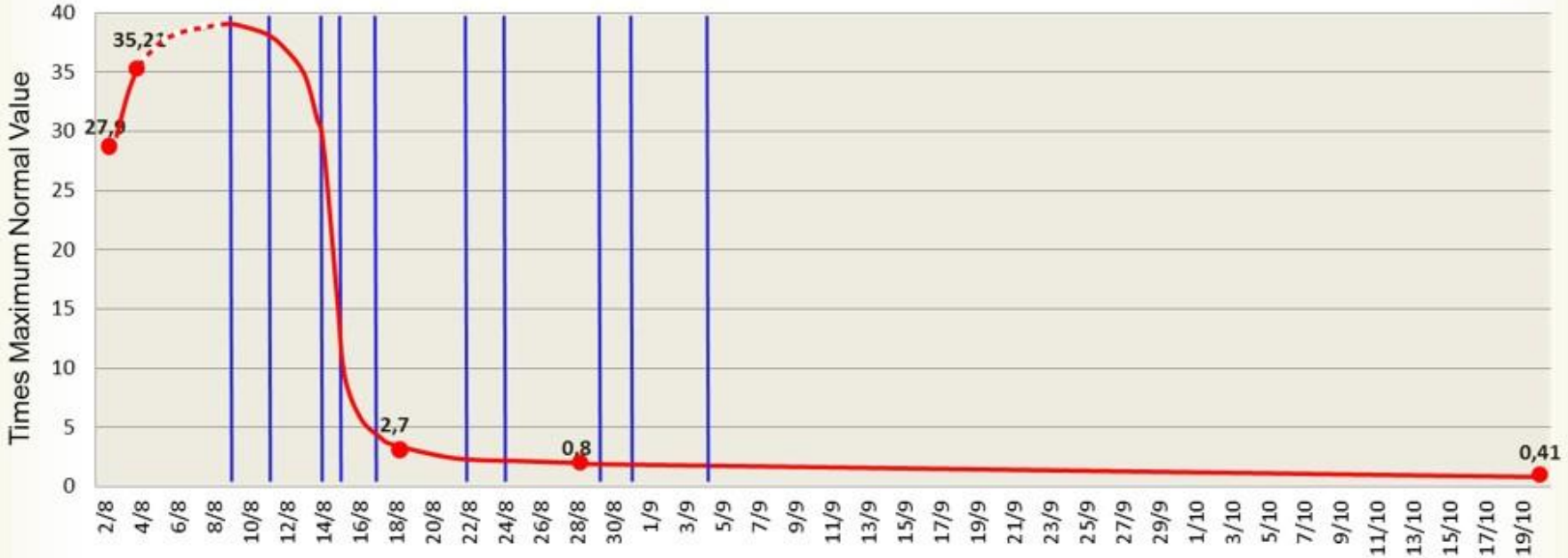
- MAHT with 2400 mcg of ozone on 100 ml of blood
- 2 - 3 sessions / week, according to patient's possibility
- Repeat Lab tests frequently
- Observe evolution towards normality
- Discontinue antilipidemic drug
- No other drug at all



Evolution of Transaminase TGO (AST)

Patient : E. P., 58 y, male

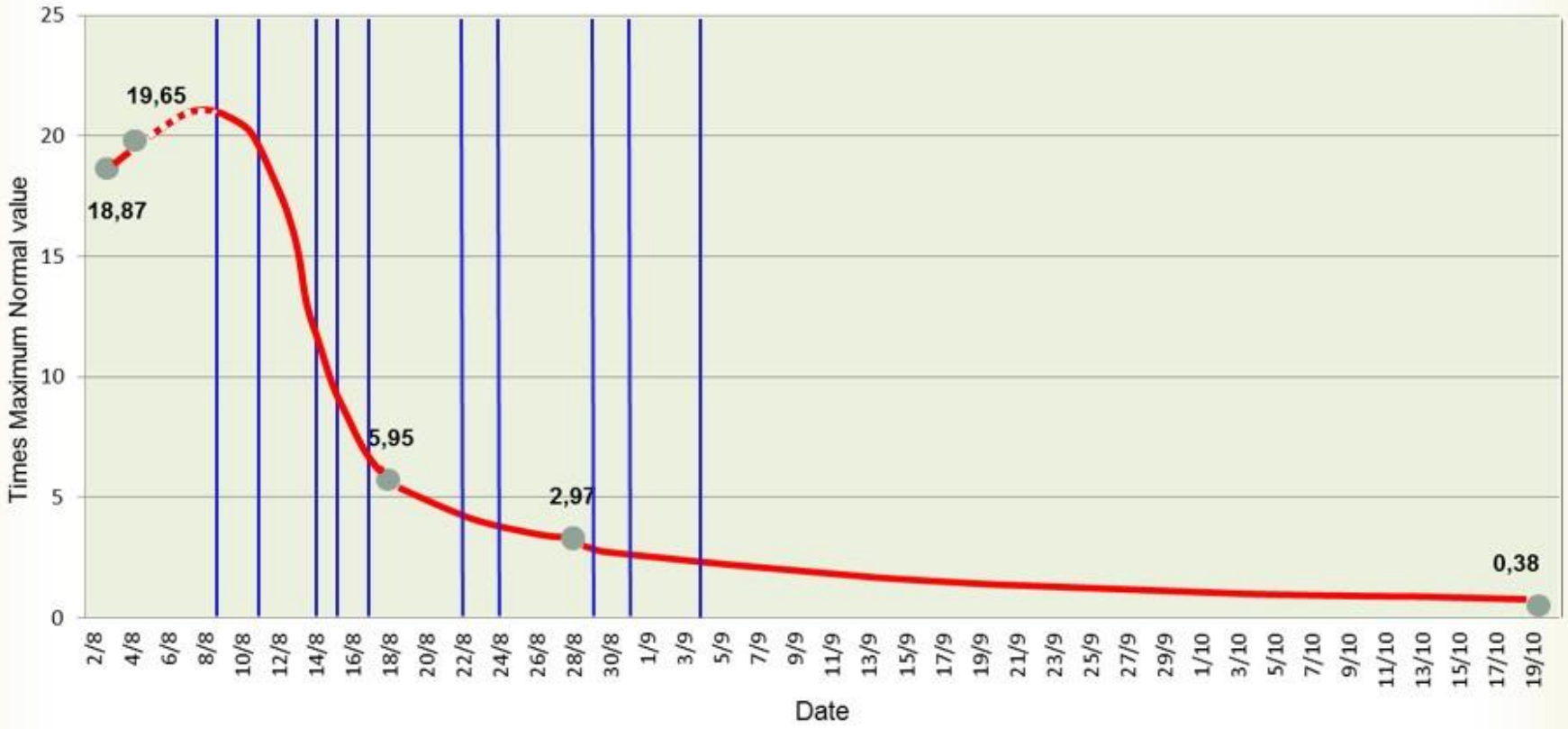
DR. HEINZ KONRAD São Paulo



Evolution of Transaminase TGP (ALT)

Patient : E. P., 58 y, male

DR. HEINZ KONRAD São Paulo



Evolution of Gamma GT

Patient : E. P., 58 y, male

DR. HEINZ KONRAD São Paulo

Evolution :

Progressive normalization of Transaminases and Gamma-GT over a period of ~ 2 months

No complications

No sequellae

Oral medicine taken :

ATORVASTATIN

Patient : A. S., 57 y, male, businessman (year 2013)

Patient : A. S., 57 y, male, businessman (year 2013)

- Difficult and at times confusing / controversial medical history

Patient : A. S., 57 y, male, businessman (year 2013)

- Difficult and at times confusing / controversial medical history
- in wheel chair

Patient : A. S., 57 y, male, businessman (year 2013)

- Difficult and at times confusing / controversial medical history
- in wheel chair
- Does not live in Brazil

Patient : A. S., 57 y, male, businessman (year 2013)

- Difficult and at times confusing / controversial medical history
- in wheel chair
- Does not live in Brazil
- Before chosing to make ozone therapy, made extensive research on ozone therapy / therapists through internet

Patient : A. S., 57 y, male, businessman (year 2013)

- Difficult and at times confusing / controversial medical history
- in wheel chair
- Does not live in Brazil
- Before chosing to make ozone therapy, made extensive research on ozone therapy / therapists through internet
- Seeked and received ozone therapy in different countries before coming to Brazil

Patient : A. S., 57 y, male, businessman (year 2013)

- Difficult and at times confusing / controversial medical history
- in wheel chair
- Does not live in Brazil
- Before chosing to make ozone therapy, made extensive research on ozone therapy / therapists through internet
- Seeked and received ozone therapy in different countries before coming to Brazil
- Seems to have no time limit for treatment

DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

- Brought **no** previous test results :
  laboratory, Resonance or X-Ray images, Ultrasonogram
- Refuses to make ANY new test, laboratory or imaging
- Refuses to take ANY prescription drug, alopathic, homeopathic or phytotherapic drug
- Insists on eating only “natural, organic” food
- Vegetarian
- Says that ozone is his last hope

DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

History as told by patient

- Late 2005 had common flu, was medicated by local physician with antibiotic, in rather high dosage for ~2 weeks
- Early 2006 started with severe pain in knees, ankles and feet
- Pain became so strong as to force him into wheel chair
- Local Physician diagnosed this as arthropathy, as a severe and relatively rare side effect of the antibiotic taken ~ 6 months before
- Changed to eating only “organic, natural, fresh” food, and became vegetarian
- Improved reasonably by mid 2007

DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

- Mid 2012 suffered fall at a building site (???)
- From then on, immediate strong pain in lower limbs
- Wheel chair again
- No medical treatment proved effective
- All toenails became colored, as if painted, in a dark reddish / brown color. (No nail polish detected)
- Fingernails normal color (!)
- Started ozone therapy

DR. HEINZ KONRAD São Paulo


Dystrophic skin
No contours of ankles and feet
Dark reddish / brown toenails
57 a
08 JUN 2013
DR. HEINZ KONRAD
DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

Treatment plan

- MAHT with 2400 mcg of ozone on 100 ml of blood
- At first 3 sessions per week
- After one month reduce to 2 sessions per week
- No prescription drug at all because patient refuses
- Observe evolution (and hope for the best !)

DR. HEINZ KONRAD São Paulo


Less Pain
Less swelling
22 JUL 2013
DR. HEINZ KONRAD
DR. HEINZ KONRAD São Paulo


22 JUL 2013
DR. HEINZ KONRAD
Red color growing forward !
DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

Evolution under ozone therapy

Very slow but obvious improvement described by patient

After ~ 2 months of ozone therapy, patient went to an Orthopedist who gave him Magnet therapy

After 1 month of Magnet therapy, returned to Orthopedist who then "*very strongly manipulated my feet and ankles*"

Few hours later again very strong pain.

"*Start all over again*" ...

DR. HEINZ KONRAD São Paulo


Less swelling
More contours of feet and ankles
Less pain
OZ SEP 13
KONRAD

Patient : A. S., 57 y, male, businessman (year 2013)

Oral medicine (antibiotic) taken :

CIPROFLOXACIN

Tablets of 500 mg

DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

Further evolution

- Patient states repeatedly that he is indeed experiencing progressive improvement in his pain condition
- Also, muscle strength has slowly improved
- Patient plans to continue ozone therapy as long as necessary

Patient : A. S., 57 y, male, businessman (year 2013)

TABER MEDICAL DICTIONARY

by Clayton L. Thomas, M.D., M.P.H., Harvard University School of Public Health

BROWN toenails may be due to poisoning by ARSENIC

BLACK / BROWN toenails may be due to chronic intoxication by MERCURY and the formation of Mercury sulphite in the tissues

DARK RED or REDDISH / BROWN toenails ... **???**

DR. HEINZ KONRAD São Paulo

Patient : A. S., 57 y, male, businessman (year 2013)

Common side effects of Ciprofloxacin :
nausea, vomiting diarrhea, headaches,
dizziness, etc.

More rare side effects include entesitis, arthritis,
neuritis

Very rare side effects include destruction of joint
cartilage and psychosis

Patient : A. S., 57 y, male, businessman (year 2013)

Google search :

Ciprofloxacin side effects

6,950,000 results (0.38 seconds)

Cipro oral FDA Alert from WebMD Medical News

The following side effects are associated with Cipro oral:

Gastritis	Chest Pain
Abnormal Liver Function Tests	Indigestion
Toxic Effect on Brain or Spinal Cord	Diarrhea
Fever	Rash
Nausea	Vomiting
Feeling Restless	Migraine Headache
Jaundice	Discolored Spots on Skin
Small Elevations of skin	Double Vision
Tingling or Pain of Hands or Feet	Numbness
Neuromotor Blockage	Detachment of the Retina
Pancreatitis	High Blood Pressure

Paroxysmal Supraventr. Tachycardia	Angina
Very Rapid Heartbeat	Torsades de Pointe
Prolonged Q-T Interval on EKG	Atrial Fibrillation
Abnormal Heart Rhythm	Blood Clot in the Brain
Thrombocytopenic Purpura	Vasculitis
Abnormally Low Blood Pressure	Asthma
Allergic Inflammation in Lungs	Fluid in the Lungs
Painful, Red or Swollen Mouth	Acute Liver Failure
Toxic Hepatitis	Interstitial Nephritis
Acute Kidney failure	Haematuria
Colitis by Clostridium Difficile	Allergic Dermatitis
Toxic Epidermal Necrolysis	Stevens-Johnson Syndrome
Skin with Red and Painful Nodules	Hives

Joint pain

Rupture of tendon(s)

Pain in arms and/or legs

Hallucinations

Involuntary quivering

Dyspnea

Hyperuricemia

Intracranial hypertonus

Haemolytic anemia

Medular aplasia

Mental confusion

Inflammation of tendon(s)

Muscle hypertonus

Feeling faint

Seizures

puffy face (water retention)

Dysfagia

Hyperglycemia

Phlebitis

Bone marrow failure

Methaemoglobinemia

CONCLUSIONS 1

Ozone seems to be a powerful “liver protector” in cases of toxic hepatitis caused by **Paracetamol**

CONCLUSIONS 2

Ozone seems to be a powerful “liver protector” in cases of toxic hepatitis caused by **Paracetamol**

Ozone seems to be a powerful “liver protector” in cases of toxic hepatitis caused by **Atorvastatin**

Why does ozone work against toxic Hepatitis ? 1

- Better O_2 supply to liver and all other tissues ?

Why does ozone work against toxic Hepatitis ? 2

- Better O_2 supply to liver and all other tissues ?
- Reduction of free radicals ?

Why does ozone work against toxic Hepatitis ?

- Better O_2 supply to liver and all other tissues ?
- Reduction of free radicals ?
- Production and liberation of
  - cytokines
  - Interleukines (IL 1, 2, 4, 6, 8, 10)
  - Tumor Necrosis Factor alfa
  - **Interferon**

Why does ozone work against toxic Hepatitis ?

- Better O_2 supply to liver and all other tissues
- Reduction of free radicals
- Production and liberation of
  - cytokines
  - Interleukines (IL 1, 2, 4, 6, 8, 10)
  - Tumor Necrosis Factor alfa
  - **Interferon**
- etc.

CONCLUSIONS 3

Ozone seems to be a powerful “liver protector” in cases of toxic hepatitis caused by **Paracetamol**

Ozone seems to be a powerful “liver protector” in cases of toxic hepatitis caused by **Atorvastatin**

Even in cases of unclear diagnosis, Ozone may be considered as a therapeutical option, especially when all or most other therapeutical options have already shown ineffective.

Agradeço por sua atenção

I thank you for your attention

www.ozonio.med.br