



International Scientific Committee of
Ozone Therapy

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Madrid
June 11th, 2015

Excellences of the Spanish National Academy of Medicine
Dear Prof. Velio Bocci, honorary chairman of ISCO3
Dear members ISCO3
Dear colleagues around the world

With great pleasure I welcome you to the second meeting of the "Madrid Declaration on Ozone Therapy". The "Madrid Declaration", was born five years ago in this chamber, as a result of an initiative of Prof. Nabil Mawsouf, the big efforts of AEPRIMO and the agreement of the main schools of ozone therapy in the world.

In its first five years of life, ISCO3, faced setbacks and victories, but the latter far exceeded expectations. ISCO3 drafted the documents that have been crucial in the beginning of the change of the regulation of the practice of ozone therapy in the world. It has also created a scientific data base of free and global access and drafted documents that are crucial to the safe practice of this medical procedure.

The first edition of the Madrid Declaration was translated into 12 languages and was adopted as a guideline by 85% of the world associations of ozone therapists. The second edition of this document, is presented as a more comprehensive document from the scientific point of view. Its considering a "living" document that now includes much of the data provided by the scientific literature and recent clinical trials in the world. During its preparation many experts have been consulted who have contributed with their experiences to the new edition. In addition, a high number of proposals received from many ozone-therapists from around the world were considered. Also new in the second edition is the incorporation of the basic elements for the application of ozone in dentistry. Additionally, the second edition has an ISSN that will allow the document to be officially cited as a reference.

A key factor in the dissemination of scientific knowledge in ozone therapy will be the forthcoming adoption of the guidance document to training the graduate on this subject. This document will set recommended guidelines for lectures and topics from basic courses to more specialized levels. The main scope is to harmonize and organize the system of knowledge to be acquired by future experts in this practice.

The current ISCO3 faces numerous **challenges including**: continuing the work of the founders, extending its influence to a greater number of practitioners. stressing the need for partnerships and global regulation of this practice, promoting research and clinical studies, encouraging scientific publications, involving universities in the organization of post degrees courses on the subject, encouraging the practice of ozone therapy under the rules of good clinical practice, promoting, supporting and participating actively in



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forums for the dissemination of scientific knowledge on the subject, and achieving the necessary funds to maintain the vitality of ISCO3.

The immediate **prospects** of this organization are focused on creating a large committee of international experts in different medical, dental and veterinary areas that act as external consultants and disseminators of the ISCO3 governing documents. Additionally, these experts will be part of the pool of prospective members ISCO3. In the coming years, we intend to bring the practice of ozone therapy to a practice of "excellence", and to this end we have proposed drafting clinical procedures under the rules of Good Clinical Practice. At least 20 Standard Operating Procedures are programmed for each year of work. Documents and guidelines written in a flexible way will homogenized procedures commonly used in ozone therapy.

With satisfaction we have seen several universities led by Spain and Italy open their doors to ozone therapy and hopefully more will join. Despite all the historical difficulties of ozone therapy to get research funds we must increase the efforts to obtain funding for basic and clinical research.

International associations should be strengthened and unified. Unfortunately, in addition to external adverse factors, there are two or more national associations in several countries and some international organizations that occasionally weaken these efforts in favour of ozone therapy. We will continue to work according to the principles of union, based on scientific, professional, and organizational elements. Let me quote in this sense an idea of Cuba's national hero (José Martí) "*All the glory of the world fits in a kernel of corn.*" In this capacity the ISCO3 body will acts as a conciliator to unify and homogenize experience based on the creation of guidance documents. That is why the logo of this meeting is: "Towards a unified approach of the practice of ozone therapy in the world".

Furthermore, the expert opinions of ISCO3 can effectively alert the medical community against malpractice and unscrupulous professionals who unfortunately abound in the absence of regulations, standards, and guidelines.

We invite you to actively participate in the development of the conferences and the associated courses.

Infinite thanks to all members of the board of AEPROMO and particularly to its president Dr. Adriana Schwartz for their support. Thanks to all participants and especially to the authorities of the Spanish Royal Academy of Medicine, for their welcome. Welcome all.

Dr. Gregorio Martinez-Sanchez, Pharm. D., Ph.D.
President ISCO3 2015-2020.