



Work plan presented by the President Adriana Schwartz

From November 9, 2023, until the first months of 2025

Dear ISCO3 Members,

I really appreciate the unanimous vote of support received to assume the presidency of ISCO3, after about a year, where the committee had to focus more on difficulties created by some of its members, and less on advancing the ozone therapy agenda in the world.

I am certain that with the help of all of you, we will leave these temporary turbulences behind, to continue advancing our scientific agenda.

A quick look at the creation of ISCO3

Since 2006 I began to germinate my idea of writing a document that would establish, in a scientific way, the practice of ozone therapy in an unifying way and that it would have application throughout the world. Then in 2009 Dr. Nabil Mawsouf, (who unfortunately passed away in 2015, <https://aepromo.org/en/memory-dr-nabil-mawsouf/> y <https://aepromo.org/en/isco3-honors-dr-nabil-mawsouf/>) proposed to me to create a world reference ozone therapy international committee. Then, with the idea of Dr. Mawsouf's committee and with my draft of the 1st Madrid declaration on Ozone Therapy, and in my capacity as president of AEPRIMO convened the "International Meeting of Ozone Therapy Schools", organized by AEPRIMO (June 3-4, 2010) at the Royal National Academy of Medicine of Spain in Madrid.

Before the meeting, I had sent my draft to a high number of ozone therapists and had received from them inputs and suggestions. One of the persons from whom I received important suggestions was Dr. Velio Bocci, and he encouraged me to move the document forward (he also unfortunately passed away in 2019, <https://aepromo.org/en/irreparable-loss-for-ozone-therapy/>).

The day before (June 2, 2010) AEPRIMO organized a work session with all the speakers at the meeting and with the presidents of ozone therapy associations present. There along with Dr. Nabil Massouf, we explained the basis of what an international committee could be. In the end, it was decided unanimously to create a "Working Group" (WG), of seven people, under the presidency of Dr. Velio Bocci. I was appointed as coordinator.

In less than three weeks the WG had approved objectives, members selection criteria and its number, statutes, working methodology, and official language of the future committee. Issued an international call for membership inviting health professionals

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dealing with ozone therapy to become one of the 21 members of ISCO3. Sixty applications from America, Africa, Asia, and Europe were received.

The WG met in Vienna (October 8, 2010) and founded officially ISCO3 and was elected as its first President Professor Velio Bocci (Italy), Vice-president Professor Nabil Mawsouf (Egypt), and Scientific Secretary Dr. Adriana Schwartz (Spain). It was also designed as Legal Advisor and Treasurer the lawyer Mr. Roberto Quintero.

After examining the 60 applications presented and the documentation provided; and taking into account the members selection criteria, the meeting selected the 21 members of ISCO3.

In its first public communiqué (October 29, 2010) it was indicated that that ISCO3 was an independent body, and its members shall act within the ISCO3 only in their own capacity. It added: “ISCO3 is not and does not pretend to be an international ozone organization, nor to undertake activities related directly to such type of associations.”

Velio Bocci sent an open letter (November 5, 2010) saying, among other things, the following: **“Hopefully ISCO3 will provide the appropriate protocols that health professionals require from their work. This is the way to avoid that the therapy be used by quacks, and to have the capacity to overcome our enemies, which are many and very powerfully”.**

Working plan November 9, 2023 – First months of 2025

From the prehistory of ISCO3 to the present, I have been completely committed to the objectives of the committee, and now as its third president and its first woman president, I consider not only an honor, but a huge obligation to continue advancing the cause of ozone therapy in the world.

My working plan, which I would like to accomplish with your direct support and collaboration, is the following:

1) **4th Madrid Declaration on Ozone Therapy.** Fulfill the statutory commitment to publish the 4th. edition of the Declaration towards March/April 2025, which must be quantitatively and qualitatively better than the previous ones, due to the enormous advances that therapy has had in the last five years.

Do everything possible so that the launch of the 4th declaration can be done, like the 1st and 2nd ed., at the Royal National Academy of Medicine of Spain in Madrid.



Unfortunately for the 3rd. we had to suspend it due to COVID.

2) **Live Webinars.** Hold webinars among us that allow us to exchange and deepen scientific knowledge of ozone therapy in human medicine, dentistry, and veterinary. Certainly, there will be webinars where we will analyze the drafts of the 4th. ed. In the following days I will provide a list of subjects of the webinars, dates and hours, and the member in charge of each webinar.

3) **Official documents.** Continue the discussion, approval, publication, and dissemination of official ISCO3 documents.

4) **Dissemination of the Declaration.** Teach, defend, and disseminate the Madrid Declaration in different social networks; in courses, and congresses, where a committee member is present as speaker or assistant.

5) **Code of conduct** (January 14, 2018). Defend the prestige of the committee, ensuring that each member complies with the Code of Conduct. The committee proposes directives to ozone therapists around the world; they are not mandatory. But they are mandatory for all committee members (ISCO3 website, members area, administrative provisions).

6) **Budget.** Manage ISCO3's annual budget, so that with its meager income, it can meet its tax and contractual obligations, etc.

7) **Electronic library.** Ensure that the library remains in the hands of ISCO3, since the previous manager Gregorio Martínez appears to be taking measures to manage it outside of the committee. We were already aware of this behavior a few months ago, so we had started protecting the library. And we will continue doing so. We are also looking for technical and methodological mechanisms to make the searching and consulting at the virtual library much more user-friendly. For this purpose, we have the very valuable help of our member Dr. Enrique Chavarria, an expert in Zotero and on the subject.

8) **Communication.** Maintain fluid communication with all members, basically through the WhatsApp group. At the same time, I hope that each of you will use it to express your opinions, convey your proposals and help find solutions. Please, let us be aware that frequent communication between us will significantly help us improve. Do not expect all the proposals and solutions to come exclusively from this president. It is a collective work.

Final words



I am convinced that the negative events of this year will allow us to emerge stronger and aware, even more, of our obligations to the committee, which we have voluntarily agreed to fulfill.

This way of thinking does not prevent me from being very alert to the constant dangers that come from very different sides. If we work together, if we have our eyes wide open, and we comply with the purposes and the roadmap that we have set for ourselves, we will be able to overcome the obstacles, as we have been doing for the last almost 14 years.

Being members of the committee, some of us already since its foundation, allows us to get to know each other and establish very good personal relationships of friendship. This is how it should remain. However, the committee is a scientific group, it is not a club of friends to which one belongs out of sympathy or good relations. We form part of the committee for human, ethical, and scientific qualities.

Difficulties will always exist. The secret lies in facing them, defeating them, overcoming them, and moving forward to meet our objectives.

Your support, commitment, and loyalty to the committee will allow us to grow and move forward.

Thank you very much.

Adriana Schwartz

President

ISCO3