

## WELCOME ADDRESS

**Adriana Schwartz**

President of the Spanish Association of Medical Professionals in Ozone Therapy  
(AEPROMO)

**International Meeting of Ozone Therapy Schools, June 3-4, 2010**<sup>1</sup>

Royal Academy of Medicine - Madrid

Distinguished members of the Royal Academy of Medicine:

His Excellency Mr. Juan del Rey Calero, Full Member.

His Excellency Mr. Manuel Domínguez Carmona, Full Member.

Distinguished President of the Illustrious Official College of Physicians of Madrid,  
Professor Ms. Juliana Fariña, Corresponding Member by Merit-Based Competition of  
the Royal National Academy of Medicine.

Dr. Velio Bocci, Professor Emeritus of Physiology at the University of Siena and  
pioneer of modern ozone therapy.

Dr. Sergey Petrovich Peretyagin, Professor, Head of the Department of Experimental  
Medicine, Research Institute of Traumatology and Orthopedics, Nizhny Novgorod;  
President of the Russian Association of Ozone Therapy and also a pioneer of modern  
ozone therapy.

Distinguished speakers, guests, participants, exhibitors, dear colleagues and members of  
AEPROMO, ladies and gentlemen.

It is truly an honor for me to take the podium in this magnificent hall, which cradles the  
centuries-old wisdom of its academics, and to share with you all the joy of celebrating  
this International Meeting of Schools of Ozone Therapy.

I welcome all the friendly foreign delegations who have made the effort to share this  
magnificent event, declared of “Health Interest”, with us.<sup>2</sup>

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<sup>1</sup> Editor's note (2026): The “International Meeting of Schools of Ozone Therapy” served to fulfill two fundamental objectives: The creation of the “working group” in charge of creating ISCO3 (International Scientific Committee of Ozone Therapy), which materialized four months later (or October 2010) in Vienna; (Austria); and the publication of the “Madrid Declaration on Ozone Therapy”.

<sup>2</sup> Editor's note (2026): The initial idea of setting up an International Scientific Committee on Ozone Therapy came from Dr. Professor Nabil Mawsouf, former Director of the Unit of Pain of the University of Cairo. Prof. Mawsouf passed away on 2015. <https://aepromo.org/en/memory-dr-nabil-mawsouf/>  
<https://aepromo.org/en/isco3-honors-dr-nabil-mawsouf/>  
It received the immediate support of Dr. Adriana Schwartz, president of AEPROMO (Spanish Association of Medical Professionals in Ozone Therapy). It was created a “Working Group” of seven persons (Madrid, June 2, 2010) during the “International Meeting of Ozone Therapy Schools” in Madrid, organized by AEPROMO.  
Under its president Dr. Velio Bocci, who died in 2019, <https://aepromo.org/en/irreparable-loss-for-ozone-therapy/> ;  
<https://isco3.org/wp-content/uploads/2015/09/Bocci-Biograf%C3%ADa-ingles-ISCO3.pdf>  
and coordinator Dr. Adriana Schwartz the Working Group drafted objectives, members selection criteria and its number, statutes, working methodology and official working language.  
The Working Group issued an international call for membership inviting health professionals dealing with ozone therapy to become one of the 21 members of ISCO3. Sixty applications from America, Africa, Asia and Europe were received.  
The Working Group met in Vienna on October 8, 2010. It was the foundation day of ISCO3. The meeting appointed as President Professor Velio Bocci (Italy), Vice-president Professor Nabil Mawsouf (Egypt) and Scientific Secretary Dr. Adriana Schwartz (Spain).

I would like to especially thank Mexico, a very friendly and supportive group that has joined us in large numbers. Thank you for your active and high-quality participation in this event. Welcome, Mexico!

Welcome, Cuba, with your prestigious representatives, so close and friendly!

Argentina, Chile, Venezuela, Dominican Republic, American countries so interested in the activities we are carrying out in Spain. Welcome!

Portugal, our neighboring country that has always joined us in all the events we have held. Welcome!

Welcome, Russia and Ukraine, lands I have the privilege of knowing very well.  
Большое спасибо товарищи. Наша дружба и сотрудничество укрепляются.

We are very grateful. Welcome, Italy, with whom we have a strong bond of collaboration and friendship through Professor Lamberto Re.

Welcome and thanks for accepting our invitation, Egypt, Germany, Morocco, Turkey, and the United States of America!

My thanks also go to the two professional translators who are joining us for the second consecutive year. Their work and dedication are fundamental to the success of our International Meeting.

The central objective of this Meeting is to bring forth the MADRID DECLARATION ON OZONE THERAPY, a document already dubbed the Rosetta Stone of Ozone Therapy. This document is the result of a collaborative effort among all the participating schools and the presidents of several ozone therapy associations who have also traveled to Madrid, and which AEPROMO has successfully brought to fruition.<sup>3</sup>

This is a unique work of unifying criteria, which has been in development for several months and has been reviewed by all the schools more than once. The 17 drafts that led to the final document now in your hands testify to the collective effort made to create a document that would serve as an effective reference for our daily work.

My sincerest thanks to each of the professors who made valuable contributions and shared their wisdom, as well as to the practicing professionals who contributed their daily experience so that this document could be born with the strength that the walls of this Royal Academy of Medicine, which is hosting us, deserve.

The Madrid Declaration on Ozone Therapy is a guide to best practices that establishes the basic standards governing ozone therapy and the therapeutic windows recommended for each pathology. You will then understand how valuable and

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<sup>3</sup> Editor's note (2026): As the Madrid Declaration on Ozone Therapy is a living document it became one of ISCO3's main obligations to improve, update, and publish it every five years. The 1st edition (2010) and the 2<sup>nd</sup> (2015) were translated into 12 languages. The 3rd edition (2020) appeared in 11 languages. The 4th edition (2025) is currently available in four languages. It will appear in other languages in the coming months.

important this document is, which will be distributed to all the Regional Health Departments of this country.

AEPRIMO also welcomes the legal work undertaken to reach out to the different Spanish Autonomous Communities, achieving recognition and regulation of the therapy, less than a week ago, from the Health Departments of Castilla-La Mancha and Castilla y León.

These important achievements in the regulation of ozone therapy add to those already obtained in the Balearic Islands, the Canary Islands, Galicia, and Madrid. In total, six Autonomous Communities in Spain, which benefits our patients, as they now have the guarantee and assurance that ozone therapy is being administered by professionals trained for this purpose and acting in accordance with previously approved protocols and the requirements proposed by AEPRIMO and largely accepted by the health authorities.

It is worth remembering that achieving this recognition has meant, and will continue to mean (because we still have a long way to go), traversing a long, rough, difficult, and complex path to which we have been fully committed since before the creation of AEPRIMO. We will continue to make progress as we go. <sup>4</sup>

Over these two days, we will hear new presentations that will help us continue to grow as professionals, enabling us to better respond to the daily challenges posed by our patients' illnesses. This event has been designed to allow for broad participation from all of you during the question and answer session.

I urge more research to be conducted with greater scientific rigor, and for more publications to be produced in accordance with internationally accepted methodologies.

AEPRIMO has just created an online platform for any scientist or researcher who wishes to publish their work. This is the “Spanish Journal of Ozone Therapy,” a digital publication available to you free of charge and accessible through our website. Its first issue is now online. <sup>5</sup>

Let's enjoy this great celebration of knowledge and expertise. May we all emerge from this meeting stronger in the therapy we practice. May each of us be able to say: “It was truly worth the effort to come to the International Meeting of Ozone Therapy Schools!”

And I conclude with a thought from Mother Teresa of Calcutta, a thought that guides my training and humanitarian approach to medicine. She said:

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<sup>4</sup> Editor's Note (2026): Until 1990, no country in the world included ozone therapy in its legal framework. Since then, 15 countries worldwide have legally regulated the practice of ozone therapy, either entirely or partially. In most of these countries, AEPRIMO has provided medical and scientific support to the national ozone therapy associations that promoted the adoption of legal regulations.

<sup>5</sup> Editor's Note (2026): The “Spanish Journal of Ozone Therapy” (currently “Ozone Therapy Global Journal”), the official publication of AEPRIMO, has been published continuously since 2011. It is a peer-reviewed, bilingual (Spanish and English), indexed, online scientific journal. <https://ozonetherapyglobaljournal.es/en/>

“I am going to pass through this life only once. Any good thing I can do, or any kindness I can show to any human being, I must do it now, because I will not pass through here again.”

Thank you very much.